

HRDC At Risk After School Supper Menu

January-20

Monday	Tuesday	Wednesday
		1/1/20
		Schools Closed 
1/6/20	1/7/20	1/8/20
Beef Stroganoff Parsley Noodles Carrot Coins Baked Apples Milk	Chicken Patty Bun Green Beans Broccoli Milk	Meatballs w/ Gravy Rice Spinach Mixed Veggies Milk
1/13/20	1/14/20	1/15/20
Chicken Tenders French Fries Green Beans Slice Bread Milk	Tuna Salad on Bun Pears Potato Salad Milk	Hamburger Steak Mashed Potatoes w/ gravy Peas Slice Bread Milk
1/20/20	1/21/20	1/22/20
 No Meals	NO MEALS 	Pulled Pork on Bun Seasoned Potatoes Spinach Peaches Milk
1/27/20	1/28/20	1/29/20
Sloppy Joe Bun French Fries Spinach Milk	Ham Slice Potatoes Cabbage Slice Bread Milk	Chicken w/ gravy Noodles Peaches Butter Beans Milk

*Substitutions may be made according to availability of items

HRDC is an Equal Opportunity Employer

Thursday
1/2/20
Ham Potatoes Cabbage Slice Bread Milk
1/9/20
Turkey and Cheese on Bread Coleslaw Cinnamon Pears Milk
1/16/20
Parmesan Chicken Fettucini Alfredo Broccoli Green Beans Milk
1/23/20
Chicken Tenders French Fries Green Beans Apple Sauce Milk
1/30/20
Philly Cheese Steak on Roll Buttered Noodles Peas and Carrots Milk